

Get help with Medicare!

Get FREE, unbiased help with all your Medicare questions from your trained SHIBA (Statewide Health Insurance Benefits Advisors) volunteers



Schedule your FREE, unbiased 1:1 counseling session at one of the following locations:

Auburn Community Center
809 9th St. SE, Auburn WA
9 a.m. to 3 p.m.
Every 3rd Wednesday
Call for an apptmt: 253-931-3016

Burien Community Center
14700 6th Ave. SW, Burien, WA
12 noon to 4 p.m.
Every 4th Wednesday
Call for an apptmt: 206.988.3700

Des Moines Activity Center
2045 S 216th St., Des Moines, WA
10 a.m. to 12 p.m.
Every 3rd Monday
Call for an apptmt: 206.878.1642

Federal Way Community Center
876 S 333rd St., Federal Way, WA
9 a.m. to 3 p.m.
Every 2nd Thursday
Call for an appointment: 253.835.6925

Kent Senior Activity Center
600 E Smith St., Kent, WA
12 p.m. to 4 p.m.
Every 2nd Monday
Call for an appointment: 253.856.5150

SeaTac Community Center
13735 24th Ave S., SeaTac, WA
12:30 p.m. to 3:30 p.m.
Every 3rd Thursday
Call for an appointment: 206.973.4690

Solid Ground is your local Statewide Health Insurance Benefits Advisors (SHIBA) program sponsor. SHIBA is a free, unbiased & confidential service of the Office of the Insurance Commissioner.

